



Cesarian Twins

Deidre was my main support person, so helpful and sweet during my last 8 weeks of pregnancy. She was very supportive and knowledgeable, full of expertise and information, providing me with her Multiple Pregnancy Sourcebook. She immediately put me at ease and helped me by searching for options during and after a wrong diagnosis was made by my doctor, emotionally supporting me when everyone else was gloomy and dismal, and giving me courage and confidence to be informed and ready for the next doctor visit. What would I have done without her? She celebrated with us after we got the correct prognosis and second opinion at Stanford, and supported me through finding a new doctor at 36 weeks. Deidre said all the right things while I got my epidural and eased my anxiety during the C-Section and recovery – we even got both of my daughters latched on at the same time!

It is my pleasure to recommend Deidre. You will have a memorable experience, with less worry and concern because you will be in great hands. You could not spend your money on anyone better. Your birth will be 10 times improved with Deidre as your doula – you will have a better experience with her by your side for pregnancy, birth and infant care. Thank you for giving me the opportunity to tell the world about you Deidre!

- Athena

